

WHY? Red letters...

All scripture in the Bible is God-breathed and infallible, but there is something special about reading the "red letters" - the words Jesus spoke, printed in red in many Bibles. Because He is The Word who became flesh (John 1:14), Jesus' words are so impactful and so practical to our faith. When we read them, we can't help but say what Peter did in John 6:68-69, "Lord, to whom shall we go? You have the words of eternal life. We have come to believe and to know that you are the Holy One of God."

So, at North Bay, we're dedicating ourselves

to a season of meditating on the words of Jesus, praying, and inviting others to remember Jesus' death, leading up to celebrating His resurrection on Easter.

WHAT? 40 days...

The Bible is clear that God considers 40 days a spiritually significant time period. Whenever God wanted to prepare someone for his purposes, he took 40 days:

- » Noah's life was transformed by 40 days of rain on the Ark.
- » Moses was transformed by 40 days on Mount Sinai with his time with God.
- » The spies were trans-

- formed by 40 days in the Promised Land.
- » David was transformed by Goliath's 40-day challenge.
- » Elijah was transformed when God gave him 40 days of strength from a single meal.
- » The entire city of Nineveh was transformed when God gave the people 40 days to change.
- » Jesus was empowered by 40 days in the wilderness.
- » The disciples were transformed by 40 days with Jesus after his resurrection.

-A Purpose Driven Life", Rick Warren

The number 40 has significance!

That is why the traditional church has chosen the 40 days before Easter as "Lent" which means "lengthen" – a time marked by periods of fasting and feasting. Each week, participants traditionally fast during the week and feast on Sundays. This pattern continues throughout the season as the Church journeys toward the Holy

Week, leading up to a time of focus on Christ's death and then celebrating His resurrection on Easter.

So, how could you go wrong with believing the next 40 days could transform your life?

HOW? | Here's the plan...

Read in Red

Read, write and pray "Red" each day in the pages provided. Use the "SOAP" approach of Scripture, Observation, Application & Prayer to meditate on Jesus' words.

Pray

Pray not only for yourself to grow but for others, especially those you would like to see come to Jesus this Easter season. You can also pray for the spiritual warfare issues of our day, and that God would bring an awakening or spiritual hunger to our community.

Fast

Pick something to abstain from, either something different each week or the same thing for the

DAY 39:	DAY 40:
Scripture: Matthew 27:32-56	Scripture: Matthew 28:1-20
Observe: What is Jesus saying, meaning, and why?	Observe: What is Jesus saying, meaning, and why?
Apply: What is Jesus saying to me specifically and what am I to do about it?	Apply: What is Jesus saying to me specifically and what am I to do about it?
Pray: What should I pray about based on what Jesus said?	Pray: What should I pray about based on what Jesus said?

Scripture: Matthew 26:36-75
Observe: What is Jesus saying, meaning, and why?
Apply: What is Jesus saying to me specifically and what am I to do about it?
Pray: What should I pray about based on what Jesus said?

full duration of Lent (e.g., all food or a particular food such as desserts, caffeine, alcohol, etc. Other ideas could be activities such as TV, Netflix, social media, shopping, gaming, etc.). You can do this for the full 40 days or change it up weekly. Your choice, but the goal is growing hungry spiritually and learning to depend on God!

Gather & Engage

Join with others involved, and for opportung each week, both during nities to invite them to jo you in the journey and the small group as we are challenged in red letter living.

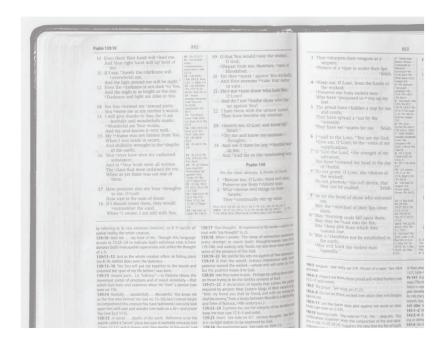
Join & Interact

Interact with us on our CTK North Bay page on Facebook and use the hashtag for weekly encouragement but also to connect with others who are doing the same:

#NBRedLetterLiving

Invest & Invite

Throughout the 40-day focus, look for ways to share what God is doing with others who are not involved, and for opportunities to invite them to join you in the journey and this year's Easter experience!



DAY 02:
Scripture: Matthew 5:21-48
Observe: What is Jesus saying, meaning, and why?
Apply: What is Jesus saying to me specifically and what am I to do about it?
Pray: What should I pray about based on what Jesus said?

DAY 35:	DAY 36:
Scripture: Matthew 22:15-33	Scripture: Matthew 24:1-51
Observe: What is Jesus saying, meaning, and why?	Observe: What is Jesus saying, meaning, and why?
Apply: What is Jesus saying to me specifically and what am I to do about it?	Apply: What is Jesus saying to me specifically and what am I to do about it?
Pray: What should I pray about based on what Jesus said?	Pray: What should I pray about based on what Jesus said?

DAY 33:	DAY 34:
Scripture: Matthew 20:1-19	Scripture: Matthew 21:1-17
Observe: What is Jesus saying, meaning, and why?	Observe: What is Jesus saying, meaning, and why?
Apply: What is Jesus saying to me specifically and what am I to do about it?	Apply: What is Jesus saying to me specifically and what am I to do about it?
Pray: What should I pray about based on what Jesus said?	Pray: What should I pray about based on what Jesus said?

DAY 04:
Scripture: Matthew 6:19-34
Observe: What is Jesus saying, meaning, and why?
Apply: What is Jesus saying to me specifically and what am I to do about it?
Pray: What should I pray about based on what Jesus said?

DAY 05:	DAY 06:
Scripture: Matthew 7:1-28	Scripture: Matthew 8:1-13
Observe: What is Jesus saying, meaning, and why?	Observe: What is Jesus saying, meaning, and why?
Apply: What is Jesus saying to me specifically and what am I to do about it?	Apply: What is Jesus saying to me specifically and what am I to do about it?
Pray: What should I pray about based on what Jesus said?	Pray: What should I pray about based on what Jesus said?

DAY 31:	DAY 32:
Scripture: Matthew 19:1-12	Scripture: Matthew 19:16-30
Observe: What is Jesus saying, meaning, and why?	Observe: What is Jesus saying, meaning, and why?
Apply: What is Jesus saying to me specifically and what am I to do about it?	Apply: What is Jesus saying to me specifically and what am I to do about it?
Pray: What should I pray about based on what Jesus said?	Pray: What should I pray about based on what Jesus said?

DAY 29:	DAY 30:
Scripture: Matthew 18:1-14	Scripture: Matthew 18:15-34
Observe: What is Jesus saying, meaning, and why?	Observe: What is Jesus saying, meaning, and why?
Apply: What is Jesus saying to me specifically and what am I to do about it?	Apply: What is Jesus saying to me specifically and what am I to do about it?
Pray: What should I pray about based on what Jesus said?	Pray: What should I pray about based on what Jesus said?

DAY 08:
Scripture: Matthew 9:1-8
Observe: What is Jesus saying, meaning, and why?
Apply: What is Jesus saying to me specifically and what am I to do about it?
Pray: What should I pray about based on what Jesus said?

DAY 09:	DAY 10:
Scripture: Matthew 9:9-13	Scripture: Matthew 9:14-26
Observe: What is Jesus saying, meaning, and why?	Observe: What is Jesus saying, meaning, and why?
Apply: What is Jesus saying to me specifically and what am I to do about it?	Apply: What is Jesus saying to me specifically and what am I to do about it?
Pray: What should I pray about based on what Jesus said?	Pray: What should I pray about based on what Jesus said?

DAY 27:	DAY 28:
Scripture: Matthew 17:1-13	Scripture: Matthew 17:14-27
Observe: What is Jesus saying, meaning, and why?	Observe: What is Jesus saying, meaning, and why?
Apply: What is Jesus saying to me specifically and what am I to do about it?	Apply: What is Jesus saying to me specifically and what am I to do about it?
Pray: What should I pray about based on what Jesus said?	Pray: What should I pray about based on what Jesus said?

DAY 25:	DAY 26:
Scripture: Matthew 16:1-12	Scripture: Matthew 16:13-28
Observe: What is Jesus saying, meaning, and why?	Observe: What is Jesus saying, meaning, and why?
Apply: What is Jesus saying to me specifically and what am I to do about it?	Apply: What is Jesus saying to me specifically and what am I to do about it?
Pray: What should I pray about based on what Jesus said?	Pray: What should I pray about based on what Jesus said?

DAY 11:	DAY 12:
Scripture: Matthew 9:27-38	Scripture: Matthew 10:1-16
Observe: What is Jesus saying, meaning, and why?	Observe: What is Jesus saying, meaning, and why?
Apply: What is Jesus saying to me specifically and what am I to do about it?	Apply: What is Jesus saying to me specifically and what am I to do about it?
Pray: What should I pray about based on what Jesus said?	Pray: What should I pray about based on what Jesus said?

DAY 13:	DAY 14:
Scripture: Matthew 10:17-31	Scripture: Matthew 10:32-42
Observe: What is Jesus saying, meaning, and why?	Observe: What is Jesus saying, meaning, and why?
Apply: What is Jesus saying to	Apply: What is Jesus saying to
me specifically and what am I to do about it?	me specifically and what am I to do about it?
Pray: What should I pray about based on what Jesus said?	Pray: What should I pray about based on what Jesus said?

DAY 23:	DAY 24:
Scripture: Matthew 14:22-36	Scripture: Matthew 15:1-20
Observe: What is Jesus saying, meaning, and why?	Observe: What is Jesus saying, meaning, and why?
Apply: What is Jesus saying to me specifically and what am I to do about it?	Apply: What is Jesus saying to me specifically and what am I to do about it?
Pray: What should I pray about based on what Jesus said?	Pray: What should I pray about based on what Jesus said?

DAY 21:	DAY 22:
Scripture: Matt. 13:31-35, 44-52	Scripture: Matthew 14:13-21
Observe: What is Jesus saying, meaning, and why?	Observe: What is Jesus saying, meaning, and why?
Apply: What is Jesus saying to me specifically and what am I to do about it?	Apply: What is Jesus saying to me specifically and what am I to do about it?
Pray: What should I pray about based on what Jesus said?	Pray: What should I pray about based on what Jesus said?

DAY 15:	DAY 16:
Scripture: Matthew 11:1-19	Scripture: Matthew 11:25-30
Observe: What is Jesus saying, meaning, and why?	Observe: What is Jesus saying, meaning, and why?
Apply: What is Jesus saying to me specifically and what am I to do about it?	Apply: What is Jesus saying to me specifically and what am I to do about it?
Pray: What should I pray about based on what Jesus said?	Pray: What should I pray about based on what Jesus said?

DAY 17:	DAY 18:
Scripture: Matthew 12:1-14, 22-37	Scripture: Matthew 12:38-45
Observe: What is Jesus saying, meaning, and why?	Observe: What is Jesus saying, meaning, and why?
Apply: What is Jesus saying to me specifically and what am I to do about it?	Apply: What is Jesus saying to me specifically and what am I to do about it?
Pray: What should I pray about based on what Jesus said?	Pray: What should I pray about based on what Jesus said?
Pray: What should I pray about based on what Jesus said?	Pray: What should I pray about based on what Jesus said?

DAY 19:	DAY 20:
Scripture: Matthew 13:1-23	Scripture: Matt. 13:24-30, 36-43
Observe: What is Jesus saying, meaning, and why?	Observe: What is Jesus saying, meaning, and why?
Apply: What is Jesus saying to me specifically and what am I to do about it?	Apply: What is Jesus saying to me specifically and what am I to do about it?
Pray: What should I pray about based on what Jesus said?	Pray: What should I pray about based on what Jesus said?