



UNSHAKABLE

*North Bay Summer
Spiritual Practice Plan*

North Bay Summer Spiritual Practice

Read each day a selection from the book of Psalms (See “Reading through the Book of Psalms” on the next page).

Pray & Reflect on what you read, and spend quiet time in the Lord’s presence.

How to ACT out your prayer:

Adoration: Give God praise and honor for who He is as Lord over all.

Confession: Honestly deal with the sin in your life.

Thanksgiving: Verbalize what you’re grateful for in your life and in the world around you.

Supplication: Pray for the needs of others and yourself.

Write in your summer journal, using the “SOAP” method.

Scripture - Write the Bible passage reference.

Observation - What is this passage about?

Application - How does it apply to your life, and what action will you take to serve the Lord this summer?

Pray - Ask God for wisdom and courage to do what He speaking to you to do.

Invest & Invite - Spend time with those God brings your way. Get to know them and include them in community with you. Invite them to participate in Sunday services, to grow together in worship and God’s Word.

Reading Through The Book Of Psalms

- Day 1 – Psalms 1-2
- Day 2 – Psalms 3-5
- Day 3 – Psalms 6-7
- Day 4 – Psalms 8-10
- Day 5 – Psalms 11-12
- Day 6 – Psalms 13-15
- Day 7 – Psalms 16-17
- Day 8 – Psalms 18-20
- Day 9 – Psalms 21-22
- Day 10 – Psalms 23-25
- Day 11 – Psalms 26-27
- Day 12 – Psalms 28-30
- Day 13 – Psalms 31-32
- Day 14 – Psalms 33-35
- Day 15 – Psalms 36-37
- Day 16 – Psalms 38-40
- Day 17 – Psalms 41-42
- Day 18 – Psalms 43-45
- Day 19 – Psalms 46-47
- Day 20 – Psalms 48-50
- Day 21 – Psalms 51-52
- Day 22 – Psalms 53-55
- Day 23 – Psalms 56-57
- Day 24 – Psalms 58-60
- Day 25 – Psalms 61-62
- Day 26 – Psalms 63-65
- Day 27 – Psalms 66-67
- Day 28 – Psalms 68-70
- Day 29 – Psalms 71-72
- Day 30 – Psalms 73-75
- Day 31 – Psalms 76-77
- Day 32 – Psalms 78-80
- Day 33 – Psalms 81-82
- Day 34 – Psalms 83-85
- Day 35 – Psalms 86-87
- Day 36 – Psalms 88-90
- Day 37 – Psalms 91-92
- Day 38 – Psalms 93-95
- Day 39 – Psalms 96-97
- Day 40 – Psalms 98-100
- Day 41 – Psalms 101-102
- Day 42 – Psalms 103-105
- Day 43 – Psalms 106-107
- Day 44 – Psalms 108-110
- Day 45 – Psalms 111-112
- Day 46 – Psalms 113-115
- Day 47 – Psalms 116-118
- Day 48 – Psalm 119
- Day 49 – Psalms 120-122
- Day 50 – Psalms 123-124
- Day 51 – Psalms 125-127
- Day 52 – Psalms 128-129
- Day 53 – Psalms 130-132
- Day 54 – Psalms 133-134
- Day 55 – Psalms 135-137
- Day 56 – Psalms 138-139
- Day 57 – Psalms 140-142
- Day 58 – Psalms 143-144
- Day 59 – Psalms 145-147
- Day 60 – Psalms 148-150