



NEW TEACHING SERIES  
**WHAT  
YOU  
CAN  
DO:**

## You Can Change

October 11, 2020

Dan McEvoy

---

"There can be no life without change, and to be afraid of what is different or unfamiliar is to be afraid of life." Theodore Roosevelt

### Today's Truth: Change is inevitable but transformation is a choice.

2 Corinthians 5:17 (ESV)

2 Corinthians 1:22, 3:18 (NIV)

Romans 12:1–2 (NIV)

### Choosing transformation starts when...

⇒ **You surrender and \_\_\_\_\_ your life as an act of worship.**

⇒ **You are aware of and \_\_\_\_\_ to be shaped by the world's way.**

*Don't become so well-adjusted to your culture that you fit into it without even thinking.* Romans 12:2 (Message)

Hebrews 4:12–13 (The Message)

⇒ **You embrace God's metamorphosis of your \_\_\_\_\_, to change you from the inside out.**

*but be transformed by the renewing of your mind.* Romans 12:2a (NIV)

metamorphoō = Metamorphosis

**3 stages of Spiritual Metamorphosis:** 1) Morph; 2) Molt; 3) Multiply

Ephesians 4:22-23 (ICB)

*"Therefore go and make disciples of all nations..."* Matthew 28:19a

⇒ **You can know God's \_\_\_\_\_ that will change you.**

Romans 12:2 (NIV)

**This Week's Spiritual Practice: Make space and find a place as an altar this week.**

Romans 12:1–2 (The Message)

ANSWER KEY: sacrifice, unwilling, mind, will

DOING *life*  
*Together*

**Study & Discussion for Your Next Small Group**

**Theme:** *Conforming vs Transforming*

**Reflect Together:** What impacted you the most from Sunday's message, and how were you able to apply this week's Spiritual Practice and be a part of The

Season of Prayer?

**Share Together:** When was there a time you caved to peer pressure as a kid? What was the result?

**Read Together:** Romans 12:1-2 (any translation) then read again in The Message.

**Discuss Together:**

- Based on the biblical/cultural context of making sacrifices, how are we to be offering ourselves as living sacrifices, in light of Christ being the ultimate sacrifice?
- In the old testament, burnt animal sacrifices were to be a sweet aroma to God. How do we do this practically in our daily lives as a "holy and pleasing" expression of worship to God?
- What does it mean not to conform? What are examples of patterns of this world we shouldn't conform to, and that we should be concerned about in today's culture? How can we avoid them?
- The word "transform" in Greek is the same word as "metamorphosis". How is this process in nature similar to a spiritual transformation?
- Why is it significant that spiritual transformation starts specifically in the mind? What is an example of this being true in your life, as you've grown in Christlikeness?
- Is transformation a choice? How do we do this daily?
- What is Paul saying is the result of no longer conforming to the patterns of this world but allowing God to transform us?
- When have you tested and approved God's will for your life? What does it mean to truly know the perfect will of God?
- What areas of your life do you need transformation into Christlikeness, for which you could use prayer?

**Pray Together:** Take time to share how God is answering prayer and pray over the needs in your group.