

Get Unstuck

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Q-What is your stuck story?

Today's Truth: It is time to break free from what is holding you back.

John 5:1-3 (NLT)

Q—What type of "sickness" are you stuck wit

\Rightarrow	Getting unstuck starts when your	to be free over-
	takes your identity in being stuck.	

John 5:5-7 (NLT)

Q—Is being sick an excuse for being stuck in your life?

⇒ Getting unstuck actually happens when we finally _____ His voice.

John 5:8-9a (NLT)

⇒ When you keep , it helps you stay unstuck.

John 5:9b (NLT)

"You have faith; I have deeds." Show me your faith without deeds, and I will show you my faith by what I do. James 2:18 (NIV84)

This Week's Spiritual Practice: Take these three steps - acknowledge your limitation, lay down your expectations, and pick up God's declarations.

Q-So, what is keeping you down or holding you back?

Families with young children: If you have a little one needing some extra attention, we have a family space set up downstairs in our KidsPlace elementary room with a monitor broadcasting the service. Feel free to go down at any time during service.

ANSWER KEY: desire, obey, walking



Study & Discussion for your next Small Group/ Watch Party

Theme: Stuck in Sickness

<u>Share Together</u>: When has there been a time you were traveling and got stuck? What happened? How come you are fortunate enough to be here to tell about it?

<u>Reflect Together</u>: What impacted you the most from Sunday's message, and how were you able to take steps in your faith?

Read Together: John 5:1-15

Discuss Together:

- What do you think the atmosphere must have been like for those who gathered at the pool in Bethesda?
- Why did Jesus ask the man who was paralyzed, "Do you want to get well?" Were you surprised by the man's response? Why? How is this reflective of some people's responses in our world today?
- Why were the religious leaders upset by what Jesus did?
- Looking at verses 14-15, what is your interpretation of Jesus rebuking the healed man in the temple? What was the man's response? What was the message Jesus was conveying to him and us?
- How does the crowd gathered at the pool remind you of the "sick" who are stuck in our society?
- If Jesus asked you, "Do you want to get well?," how would you respond? What would even cause you to hesitate?
- Based on Jesus' instruction to this man, how does this address the victim mentality in our world today? What stops you from "standing up, picking up your mat and start walking," when faced with challenges in your life?
- When have you been stuck in a sickness, issue or struggle and you found freedom in Christ? How is your spiritual walk different because of it today and how can you help others who are "poolside" needing healing as well?

<u>Prayer</u>: Take time to pray over needs in your group and share how God is answering prayer in your life.

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