



## Consume Praise

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⇒ What you \_\_\_\_\_  
consumes you.

*Praise the LORD. Praise the LORD, my  
soul. I will praise the LORD all my life;  
I will sing praise to my God as long  
as I live.* Psalm 146:1-2 (NIV)

⇒ We are all \_\_\_\_\_ of something.

Psalm 146: 3-4 (NIV)

Psalm 135:15-18 (NIV)

Psalm 146:5-10 (NIV)

John 6:53-58

⇒ Lay down that which is already killing you to find \_\_\_\_\_.

A \_\_\_\_\_ prayer: God, show me the areas of my life where I'm not worshipping you, so that I may change and worship you.

**This Week's Spiritual Practice: Fast from something that's consuming you and turn to God instead. Every time you have the urge for that thing, pray.**

**Families with young children:** If you have a little one needing some extra attention, we have a family space set up downstairs in our KidsPlace elementary room with a monitor broadcasting the service. Feel free to go down at any time during service.



**Study & Discussion for your next Small Group/  
Watch Party**

**Share Together:** What is something you were obsessed with when you were a child? Maybe a game, an activity, etc.

**Reflect Together:** From Sunday's service, what impacted you the most from the message, and how were you able to take steps in your faith?

**Discuss Together:** Each week through the summer, small groups/watch parties are encouraging their members to share what God has been speaking to them through our Summer Spiritual Practice of reading through The Psalms, following the guidance of scripture: *speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord, always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.* Ephesians 5:19-20 (NIV)

**Practice S.O.A.P as a Group**

Scripture - Read Psalm 146

**Observation-** What do you observe is the context and intent of this passage?

**Application-** How does it apply to your life? What action will you take as result of what you have been challenged with?

**Pray-** Ask God for wisdom and courage to do what He is asking to you to do.

**Pray Together:** Take time to share how God is answering prayer and also pray over the needs in your group.