



## The Gift of Disruption

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**Q—Have ever you experienced a rude awaking?**

**Today's Unshakable Truth #1: God allows disruption to get our attention so it may lead to transformation.**

**Q—What does it mean to be resilient?**

Luke 8:22-25 (NIV)

**Today's Unshakable Truth #2: The resilience of your faith is only tested through the trials you face.**

**Spiritual Practice This Week: Identify a storm you're going through and use the statements below as filters to discover God's gift of disruption to strengthen your faith.**

⇒ **God shakes things up to inspect me.**

Deuteronomy 8:2 (NIV)

**Ask:** What does this storm reveal about me?

⇒ **God shakes things up to correct me.**

Hebrews 12:8, 10-11 (CEV)

**Ask:** What is this storm teaching me?

⇒ **God shakes things up to direct me.**

Proverbs 16:9 (GW)

**ASK:** Where is this storm leading me next?

⇒ **God shakes things up to protect me.**

36:16 (NLT)

**ASK:** How could this storm be protecting me?

⇒ **God shakes things up to perfect me.**

Romans 5:3-4 (LB)

**ASK:** How is this storm stretching me?

Luke 8:25b (NIV)



### Study & Discussion for Your Next Small Group

Theme: *Seeking in the Squalls*

**Share Together:** When did you experience the most severe weather conditions of your life? What were you thinking/feeling during this experience?

**Reflect Together:** From Sunday's Online Experience: What impacted you the most from the message and how were you able to take steps in doing the Spiritual Practice this week?

**Read Together:** Luke 8:22-25

**Discuss Together:**

- A "squall" is sudden burst of wind that creates a storm. How did it surprise the disciples, and how does it relate to storms that suddenly happen in our lives?
- What was Jesus doing during the storm, and how was this disconcerting to the disciples?
- Do you ever feel like God is asleep during the storms of your life? Do you have an example?
- Was Jesus sleeping just because He was tired or was there a greater lesson for the disciples and for us today?
- When they were in danger, what did the disciples do out of desperation?
- How do we sometimes cry out to Jesus as a last resort rather than as a first response when storms develop?
- Jesus calmed the storm suddenly that day, but why doesn't He calm all the storms in our lives immediately?
- Jesus asked the disciples, "where is your faith?" Based on their response in verse 25, what did they learn about Jesus from this stormy experience? How would this be your response as well?
- What is an example of how your faith has gotten stronger in a storm you have gone through? What have you learned from it?
- What storm are you going through, in which you need cry out to Jesus? How can we specifically pray for you?

**Pray Together:** Take time to share what God is doing in answering prayer and also pray over needs in your group.