



Soul Satisfaction

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"Blessed are those who hunger and thirst for righteousness, for they will be filled." Matthew 5:6 (NIV)

Q—What does your soul so desire today?

For the world offers only a craving for physical pleasure, a craving for everything we see, and pride in our achievements and possessions. These are not from the Father, but are from this world. And this world is fading away, along with everything that people crave. But anyone who does what pleases God will live forever. 1 John 2:16–17 (NLT)

This Week's Be Attitude: Our soul can only be satisfied by the ONE who has saved it.

Seeking what truly satisfies our souls...

⇒ **Only He, as the Bread of Life, can fill our _____ hearts.**

Exodus 16:4b (NIV)

"I will be happy when _____."

John 6:26-29, 35 (NIV)

⇒ **Only the Living Water of His Spirit can quench our _____ souls.**

John 7:37b-38 (NIV)

John 4:10-14 (NIV)

Don't be drunk with wine, because that will ruin your life. Instead, be filled with the Holy Spirit Ephesians 5:18 (NLT)

This Week's Spiritual Practice: Commit daily to read the Bible, The Bread of Life, and drink by being filled with the Spirit.

Closing Question: Are you experiencing soul satisfaction?

ANSWER KEY: hungry, thirsty



Study & Discussion for Your Next Small Group

Theme: *Soul Food*

Share Together: What dessert is most satisfying to you?

Reflect Together: From last weekend's Online Experience: What impacted you most from the message and what did you learn about hungering

and thirsting for righteousness?

Read Together: John 6:25-40

Discuss Together:

- Based on verse 26, which refers to the miracle of feeding the five thousand, how is Jesus challenging the motives of those who are following Him?
- How does this relate to us being consumers of what Jesus gives over simply being followers of Him?
- According to verse 27, what type of food are we to work for and why? What is the reward when we do?
- What do you think was the meaning behind the question in verse 28, and what was significant about how Jesus responded?
- How is simply "to believe" the right work we are to do?
- What is the biblical context that manna (heavenly bread) is a sign? What sign does manna represent?
- How is Jesus the "bread of life" as He declares? What does it mean personally for you?
- What is the Father's will for Jesus coming to earth? How does this give assurance to us when we are in His will as well?
- How do you need Jesus to be the Bread of Life in your current situation, for which you need prayer to help you fulfill His greater will?

Pray Together: Share updates of how God has been answering prayer and pray for needs in your group.