



Trusting

March 29, 2020

Dan McEvoy

Today's Red Letters:

Matthew 6:25-27 (NIV)

Worry does not empty tomorrow of its sorrow; it empties today of its strength.

- Corrie Ten Boom

Matthew 6:19–20 (NIV)

Matthew 16:26 (NIV)

"For where your treasure is, there your heart will be also." Matthew 6:21 (NIV)

Today's Red Letter Truth: Our heart will always reveal not only what we value but who we trust.

John 3:16 (NIV)

1 Timothy 4:7b–8 (NIV)

Philippians 2:12b–13 (NIV)

How to retrain our hearts to trust rather than worry:

⇒ **Our response to panic is exercising _____.**

Matthew 6:33 (NIV)

Red Letter Spiritual Practice this Week: Write a "Turn Worry into Prayer" List.

⇒ **Our response to fear is exercising _____.**

Matthew 14:28–29 (NIV)

Red Letter Spiritual Practice this Week: Take a relational risk.

⇒ **Our response to greed is exercising _____.**

Mark 12:43b–44 (NIV)

"No one can serve two masters. Either you will hate the one and love the other, or you will be devoted to the one and despise the other. You cannot serve both God and money." Matthew 6:24 (NIV)

Red Letter Spiritual Practice this Week: Give your treasure, talent, and time.

ANSWER KEY: prayer, faith, generosity



Study & Discussion for Your Next Small Group

Theme: *The Worth of Worry*

Share Together: What was a childhood fear or phobia that you may even have today?

Reflect Together: What impacted you the most from Sunday's message? How has this challenged you so far, and is there a S.O.A.P. day you would

like to share that could encourage the group?

Read the Red Together: Matthew 6:19-24

- What earthly treasures is Jesus talking about and what happens to them?
- What treasures do you think we can store up eternally? How?
- What does Jesus mean by "where your treasure is your heart will be also"? What are some examples?
- Why does Jesus use the metaphor of an eye as it relates with our spiritual health and how does this metaphor connect to Jesus' words about what we treasure?
- How can our money master us?

Read the Red Together Matthew 6:25-34

- How does "therefore" connect this section to the previous section we just discussed?
- How does worry connect to what we consider wealth or treasure?
- How is the command "don't worry" hard for you to follow, especially in times like this?
- Jesus asked who could add a single hour to their life by worrying. How have you wasted an hour on worry?
- How does Jesus compare God's concern for us versus the rest of creation? How do you think/feel about that? What can we learn from the birds and flowers?
- How are we to respond to worry different than the "pagans" Jesus mentioned?
- Reread verse 33. What does this verse really mean? How is this such a significant verse to combat our worries?
- It has been said "our worry about tomorrow robs the joy we can have today." How so?
- What worry do you need to turn into prayer right now?

Pray Together